

Dagmar Ehling, MAc, LAc, Dipl OM, CFMC

Co-Founding Partner & East Asian Practitioner at Meridian Health Solutions, LLC

3207 Old Chapel Hill Road
Durham, NC 27707

Tel: 919-286-9595
www.meridianhealthnc.com

LANGUAGES:

German, English

EDUCATION:

- 1989 - 1990 Master's Degree in Acupuncture: Southwest Acupuncture College: Santa Fe, NM.
1989 – 1990 Postgraduate training: Chinese Herbology, International Institute of Chinese Medicine: Santa Fe, NM.
1987 - 1989 Certificate of Proficiency in Acupuncture and Chinese Medicine, Southwest Acupuncture College: Santa Fe, NM.
1984 Accepted to Ruhr-University Bochum medical school: Germany.
1968 - 1981 Degree: Abitur. Humanistic Gymnasium (13 years): Bremen, Germany.

CERTIFICATIONS

- 2024 Kharrazian Institute Certification: Certified Functional Medicine Clinician (CFMC). Postgraduate education approval by the National University of Health Sciences, which is recognized by the US Dept of Education, American Nutrition Association, Commission on Dietetic Registration, and for American Medical Association (AMA) PRA Category 1 credits.
2022 Goyetche Institute Certificate of Completion: Cellular Response Therapy Training. 10 months.
2019 Certification: Jing Fang Six Syndrome System Hu Xu shu Lineage
2013 Certification: GAPS (Gut & Psychology Syndrome)
2008 - 2022 Fellow of the Acupuncture and TCM Board of Reproductive Medicine by ABORM.
2004 - Present National Certification Board of Acupuncture and Herbal Medicine (NCBAHM formerly NCCAOM): *Diplomate in Oriental Medicine*.
1997 - Present NCBAHM Certification: *Diplomate Status in Chinese Herbology*
1997 Blue Poppy Press: Certification of *Proficiency in TCM Gynecology*: Boulder, CO.
1989 - Present NCBAHM Certification: *Diplomate Status in Acupuncture*

LICENSES

- 1999 - Present Licensure: Acupuncture in North Carolina.
1989 - 2022 Licensure: Doctor of Oriental Medicine (DOM) in New Mexico.

CONTINUING EDUCATION HIGHLIGHTS:

- 2026 Kharrazian Institute: Advanced Certification Track: Respiratory & Sinus, 6 hrs. Degenerative Joint, Muscle & Bone Conditions, 6 hrs.
Master Class: Enhanced Healing & Performance with High Energy Non-Thermal Lasers Therapy, 6 hrs. Master Class Track: Fatty Liver Disease: Mechanisms, Metabolic Triggers & Functional Strategies, 4.5 hrs. Sex Steroid Optimization in Males & Females, 4 hrs.
2025 Various East Asian medicine hours: 30 hrs.
2024 Kharrazian Institute Certification: Certified Functional Medicine Clinician (CFMC). Completion of six weekend modules and exams: Essentials of Functional Medicine, Gastrointestinal, Auto-Immune, Chronic Fatigue & Pain, Cardiovascular, Diabetes plus additional courses Longevity & Wellness & Chronic Infections. 92 hrs.
2023 Health Horizons Symposium, Vancouver, Canada, live online. 23.5 hrs.
Cogence Immunology. Functional medicine immunology. Sam Yanuck, DC, two- year training.
Master Tung Taoist Acupuncture, The Best of Master Tung's Magic Points. Susan Johnson, LAc. 14 hrs
2022 Master Tung Taoist Acupuncture Weekend Advanced Seminar Series. Susan Johnson, LAc. 13 hrs.
2021 Spermeddon – Male Fertility Treatment with Chinese Medicine. Dr. med. Olivia Poyer. 12 hours.
Dr. Wilhelm Schüssler Trace Mineral Salts. Actions and Indications. Thomas Feichtinger, Austria. 30 hours.
Master Tung Taoist Acupuncture Weekend Seminar Series. 3 weekends. Susan Johnson, LAc. 39 hours.

2020	The Fertile Fizz – Treating Endocrine Function with Acupuncture. Jani White, LAc. 10 hours. Needling: A Classical Perspective. Jeffrey Yuen, LAc. 6 hours. The Tan Tian in Contemporary Clinical Practice. Kiiko Matsumoto LAc. 12 hours.
2019	How to Effectively treat Ovulatory Dysfunction with Evidence-based Natural Medicine. Fiona McCulloch, ND. 4 hours. Master Tung’s Essential Points for Gynecological Conditions. Henry McCann, PhD. 6 hours. Kharrazian Institute: Neuroinflammation Clinical Strategies & Treatment Applications, 14 hours; Gastro-Intestinal diseases Clinical Strategies & Treatment Applications, 14 hours; Auto-Immune diseases Clinical Strategies & Treatment Applications, 14 hours. Datis Kharrazian PhD, DSc, DC.
2017 - 2019	Zhang Zhong Jing Classical Six Syndrome System Jing Fang Comprehensive Chinese Herbal Medicine following Hu Xu shu Lineage, a two-year certification program. Suzanne Robidoux, PhD, Pittsboro, NC. 112 hours.
2018	Moxa for Health & Yuan Qi Classical Acupuncture. Suzanne Robidoux, PhD. Pittsboro, NC. 29 hours.
2017	Digestive Pearls, a functional medicine approach. Walter Schmidt, DC, Biotics; Charlotte, NC. 7 hours. Functional Endocrinology: Connecting New Research with Practical Applications. Steven Noseworthy, DC. Apex Energetics; Charlotte, NC. 13 hours.
2016 - 2018	White Pine Institute Graduate Mentorship Program: Advanced studies in Chinese Herbal Medicine, a two-year program (144 hours) with Sharon Weizenbaum, LAc. Could Methylation Be the Holy Grail of Aging Gracefully, Charlotte, NC. Biotics. 7 hours. Classic Formulas for Women’s Health with Sharon Weizenbaum, LAc; Greensboro, NC. 12.5 hours. Bioidentical Hormone Replacement Therapies by CentralDrugsRx Pharmacy, CA. 20 hours.
2015	Integrative Fertility Symposium; various speakers; Pro-D Seminars, Vancouver, Canada. 26 hours. Mastering the Brain with Brandon Brock, DC; Apex Energetics; Charlotte, NC. 24 hours.
2014 – 2020	Joette Calabrese: Banerji Homeopathy. Advanced Applications, 6 hours. Good Gut Bad Gut, 10 hours; Skin, 10 hours. Survivalist Homeopathy, 12 hours; Feminopathy, 10 hours. Allergies, 15 hours; Detox, 13 hrs.
2014	Chinese Herbal Medicine: Shan Han Lung with Sharon Weizenbaum, LAc, Raleigh, NC. 14 hours
2013	GAPS (Gut & Psychology Syndrome) certification with Natasha Campbell-McBride, MD. New York, NY. 16 hours.
2012	Mastering Functional Blood Chemistry with Chris Turnpauh, DC, Apex Energetics. Greensboro, NC. 24 hours. A New Era in Preventing, Managing, and Reversing Cardiovascular Disease with Mark Houston, MD; Mark Hyman, MD; Mimi Guarneri, MD. Institute of Functional Medicine Annual Conference. 32 hours. Neuroimmunology & Clinical Applications with Aristo Vojdani, PhD; Carrick Institute. Atlanta, GA. 25 hours.
2010-2020	NC Integrative Medical Society annual meeting, various topics & faculty. 80 hours.
2010	Highlights in Infertility. AAAOM Conference. Albuquerque, NM. 25 hours.
2010-2018	Small Intestinal Bacterial Overgrowth (SIBO); Cortisol & Melatonin; Auto-Immune Regulation by the Nitric Oxide & Glutathione Systems; Understanding the Complexity of Gluten Sensitivity; Breaking the Complex Web of Leaky Gut; Brain-Gut Axis; Brain Immune-Axis; Renewing the Aging Brain; Neurochemistry of Childhood Brain Developmental Disorders; Neuroendocrine Immunology of Perimenopause; Neuroimmunology of Andropause; Environmental Toxicity; Hepatic Detoxification; Inflammatory & Autoimmune Signaling Systems; Autoimmune Triggers of Gluten Sensitivity; with various faculty. 44 hours.
2008 - 2018	Mastering the Thyroid with Datis Kharrazian, PhD, DC, DHSc; Apex Energetics, Inc. 48 hours. Neurotransmitters & Brain Seminar with Datis Kharrazian, DC, DSc; Apex Energetics, Inc. 30 hours Functional Blood Chemistry with Datis Kharrazian, DC, DHSc; Apex Energetics, Inc. 20 hours. Functional Endocrinology with Datis Kharrazian, DC, DHSc; Apex Energetics, Inc. 30 hours.
2008	Infertility seminar with Bob Flaws, LAc. Boulder, CO. 13 hours.
2008	TCM-Conference, Rothenburg o.T., Germany. 12 hours.
2007	Infertility with Jane Lyttleton, Pro-D Seminars. Vancouver, Canada. 18 hours.
2006 – 2017	Advanced Japanese Acupuncture Study with David Euler, LAc or Kiiko Matsumoto, LAc, 150

	hours.
1999 – 2005	Duke School of Medicine: Office of CME: Integrative Medicine Study Group, 86.75 hours.
1999 – 2012	Oriental Medicine Continuing Education: North Carolina Association of Acupuncture & Oriental Medicine and other organizations: PMS, Internal Medicine, Herb/Drug Interactions, Infertility, Pain Management, Matsumoto Japanese Acupuncture, Endocrine Disorders, Psychology, Five-Elements, Treatment of Depression, OM Research, Low Back Pain, Migraines, Yamamoto scalp acupuncture. 460 hours.
1995 – 1997	Postgraduate training: Traditional Chinese medical gynecology, Blue Poppy Press Seminars. 300 hours.
1995	Postgraduate training: Acupuncture Orthopedics. 144 hours.
1995	Injection Therapy: Oriental Medicine Association of New Mexico. 14 hours.
1994 – 1997	Homeopathy & Homotoxicology: International Society of Homotoxicology and Antihomotoxic Therapy. Heel, Albuquerque, NM. 24 hours.
1991	Classical Homeopathy; Marianne Calvanese, ND; Southwest Acupuncture College. 90 hours.

CLINICAL PRACTICE

2004 to Present	Co-founding Partner of Oriental Health Solutions, LLC, now Meridian Health Solutions, LLC; practice merger with Kenneth F. Morehead, MSOM, LAc, DOM(NM).
2007	Credentialed acupuncture provider for Duke Integrative Medicine, Duke University, Durham, NC; provided acupuncture and East Asian medical counseling services to patients seeking multidisciplinary, integrative medical services.
1989 - Present	East Asian Medicine practitioner. Specialty in treating internal medical, OB/GYN disorders, infertility, autoimmune disorders with focuses on functional medicine nutrition and metabolic management using Chinese herbs within the context of Shan Han Lun and Jing Fang Six Syndrome System Hu Xu shu Lineage approaches, Japanese Acupuncture (Matsumoto style), Master Tung Acupuncture, functional medicine, Banerji-style homeopathy, and Dr. Wilhelm Schüssler's trace mineral salts.

PROFESSIONAL EXPERIENCE

2012 to 2020	Certified to perform Independent Medical Examinations for Medical Consultants Network.
2008 to 2022	Fellow: The Acupuncture & TCM Board of Reproductive Medicine .
2007 - 2010	Co-Founding member: American Board of Oriental Reproductive Medicine, now called The Acupuncture & TCM Board of Reproductive Medicine . Chair for the Exam Committee: designer and reviewer of exam questions for East Asian medical practitioners who specialize in reproductive medicine.
2007	Board member, secretary: Rhine Research Center .
2006 – 2007	Board member: Society for Humanism in Medicine. Membership committee.
2001	Consultant for German Acupuncture Trials (GERAC), a randomized, double-blind placebo-controlled trial testing efficacy of acupuncture for headache, migraine, low back pain, osteoarthritis of the knee. Molsberger A, Diener HC, Krämer J, Michaelis J, Schäfer H, Trampisch HJ, Victor N, Zenz M. Düsseldorf, Germany.
2000 - 2002	Advisory Committee for Duke Center for Integrative Medicine for NIH's NCCAM grant proposal; community practitioner for CFM-251, a course that teaches medical students and physical therapy students about Complementary and Alternative Medicine (CAM).
1999 – 2007	National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM) National Herbal Exam Development Committee. Reviewer & designer of exam questions for national Chinese Herbal Exam.
1997 – 1999	PPO Provider with Presbyterian Health Care and FHP (HMO), Santa Fe, NM.
1997	Task Force with St. Vincent's Hospital Cancer Treatment Center, Santa Fe, NM.
1996 – 1997	Oriental Medicine Association of New Mexico: State Exam Committee member - redesigned the New Mexico Practical State exam.
1994	Item writer for the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) to formulate questions for the national Chinese Herbal Exam.
1992 - 1998	New Mexico state licensure examiner.

JOURNAL AFFILIATIONS

2010 – 2019	Editorial board member for peer-reviewed journal: Journal of Integrative Medicine.
-------------	--

1999 – 2008 Editorial board member for peer-reviewed medical journal: *Alternative Therapies in Health and Medicine*.

AWARDS:

12/2012 Rated as one of the Top 20 TCM Recorded Webinars with Medigogy.
1999 - 2007 Appointment to the National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM) National Herbal Exam Development Committee.
1988 Thaddeus Bukowski Academic Scholarship award. Southwest Acupuncture College, NM.

TEACHING

2012 – 2019 Preceptor for 4th year medical students at UNC. *Introduction to Oriental & Functional medicine*.
2007 Co-taught *Oriental Medicine: An Introduction* classes at the Duke School of Continuing Education.
2001 - 2014 Faculty: Forschungsgruppe Akupunktur, Germany. [Chinese Phytotherapy](#) Intensive for orthopedists, family practice physicians, gynecologists, and dermatologists; 25 hrs each specialty, (in German). TCM Diet therapy; 25 hr Intensive for physicians (in German). *TCM Obstetrics and Gynecology* (in German), 5-day Intensive for Gynecologists covering acupuncture, herbal medicine, and diet therapy,
1992 - 1996 Faculty: International Institute of Chinese Medicine, Santa Fe, NM: *TCM Pathology and Treatment of Disease, Chinese Herbology, Needle Technique, Student Clinic Supervisor*.
1990 - 1991 Faculty: Southwest Acupuncture College, Santa Fe, NM: *Student Clinic Supervisor, Teaching Assistant*.

PUBLICATIONS & ARTICLES

- **Dagmar Ehling**. Anticipating Diabetes, Obesity and Polycystic Ovarian Syndrome and Applying Integrative Techniques using Functional Medicine & Oriental Medicine. Nadin, Mihai, ed. Anticipation and Medicine. Springer Verlag 2017. Book chapter p. 293-307.
- **Ehling D**. [Polycystic Ovarian Syndrome: integrative techniques using acupuncture, Chinese herbal medicine, diet, and supplements: a case report](#). *J of Integr Med*. 2013; 11(6):422-427.
- **Ehling D**. Book Review – Chinese Nutrition Therapy – Dietetics in TCM by Jörg Kastner, MD, LAc. *Altern Ther Health Med*. 2005;11(3):70
- Editor for *In the Garden of Fertility* by Katie Singer published 4/2004 by Putnam Penguin.
- **Ehling D**. [Oriental Medicine – An Introduction](#). *Altern Ther Health Med*. 2001;7(4):71-82.
- **Ehling D**, Singer K. [Gauging a Woman's Health by her Fertility Signals: Integrating Western and Traditional Chinese Medical Observations](#). *Altern Ther Health Med*. 1999;5(6):70-83, view at
- **Ehling D**, Ehret J, Kuchinski L, Woodley G. *An Lao Tang (Quiet Aging Decoction) in the Treatment of 25 Cases of Recurrent Menstruation by Wang Gui-fu*. Translation from Chinese. JNAAOM Vol 4, No 1-2, Spring, 1997.

BOOKS

1994 **Ehling D**, Swart S. [The Chinese Herbalist's Handbook: A Clinical Reference Guide to Traditional Chinese Herbal Formulas](#). 3rd edition published July 2002, Lotus Press, Inc., WI. Recommended text for NCCAOM Chinese Herbology Module; rated by AAOM as one of the 100 top-rated TCM books in 2005.
German edition *Handbuch: Chinesische Kräuterrezepte*, Elsevier, Munich, July 2001. Also available in Turkish. As of 2011 available on Kindle.

RESEARCH

3/2004 – 7/2005 Research Consultant: Paglia M, **Ehling D**. *Use of Acupuncture for Cervical Ripening*. Credentialed at Duke University Medical Center to perform acupuncture treatments for purpose of study.

SOCIETIES & MEMBERSHIPS

2004 to 2020 *Internationale Gemeinschaft für Akupunktur und Chinesische Medizin – International Society for Acupuncture & Chinese Herbal Medicine* with colleagues in Hamburg, Berlin, Düsseldorf, Germany and Birmingham, England, board member.
1999 to Present North Carolina Acupuncture & Asian Medical Association; 2000 – 2003 board member: legislative committee, ethics committee.

1997 - 1998	Southwest Health Options, a multi-disciplinary Independent Practice Association (IPA) to facilitate integrative medicine with insurance companies: founding board member.
1996 – 1998	Oriental Medicine Association of New Mexico, board member: public relations committee
1996 to current	American Society of Acupuncture, member.
1990 to 2001	Oriental Medicine Association of New Mexico.

PRESENTATIONS

2023	<u><i>Functional Medicine Nutrition for Optimal Health</i></u> . On-Demand webinar on the latest cutting edge information on nutrition. 4 hrs. Updated version 2026.
2020 - 2022	Abundant Health & Wealth. Co-taught with Larry Burk, MD, CEHP. 4 hours.
2021	<u><i>Staying Healthy in a 5G World</i></u> . Co-taught with Larry Burk, MD, CEHP, Andrew McAfee MM, EMF Consultant/Wiring Expert, Debra Greene, PhD.
2017 & 2018	Cary, NC. <i>Oriental Medical Approaches to Menopause</i> , with Toby Wedgle, LAc.
2016	Cary, NC. Baby & Co. <i>The Role of Acupuncture and Acupressure in Prenatal, Birth, and Postpartum Care</i> , with Toby Wedgle, LAc.
2015	Delmenhorst, Germany. Three-day conference: Anticipation in Medicine. <i>Anticipating Diabetes, Obesity and Polycystic Ovarian Syndrome and Applying Integrative Techniques using Functional & Oriental Medicine</i> .
4/2015	Vancouver, Canada. Integrative Fertility Symposium with Pro-D Seminars and Healthy Medicine. Panel speaker “Will the Real Fertility Diet Please Stand Up?”
4/2014	Cary, NC. SAS. <i>Menopause and Oriental medicine</i> , with Fang Cai, LAc.
12/2013	Vancouver, Canada. 6 hours CEU webinar with Pro-D Seminars and 1 hour with Medigogy. <i>Metabolic Syndromes and PCOS: Integrated Treatment Approaches that Work</i> .
02/2013	Chapel Hill, NC. Dr. Michael Sharp Community Gathering. <u><i>Are you too sweet?</i></u> (1 hour video).
01/2013	Durham, NC. Triangle Area Midwives: <i>The Role of Acupuncture and Acupressure in Prenatal, Birth, and Postpartum Care</i> , with Fang Cai, LAc.
3/2012	Vancouver, Canada. 2.5 hours, 3 CEU webinar with Pro-D Seminars: <i>The Treatment of Menopause with Chinese Herbal Medicine</i>
6/2011	Durham, NC, for NC Association of Acupuncture & Oriental Medicine, 3 CEUs. <i>Enhance Fertility using Chinese Herbal Formulas guided by Basal Body Temperature & Cervical Fluid Signals</i> .
1/2011	Durham, NC. Stedman Auditorium, Duke University, Center for Living Campus. <i>Allergies and Chinese Medicine</i> , with Ken Morehead, LAc.
10/2010	Durham, NC. Stedman Auditorium, Duke University, Center for Living Campus. <i>Are you too sweet, a Discussion on Blood Sugar Disorders</i> , with Ken Morehead, LAc.
2/2010	Vancouver, Canada. 3 hrs and 1 hr CEU webinar with Pro-D Seminars & Medigogy: <i>Enhance Fertility using Chinese Herbal Formulas guided by Basal Body Temperature & Cervical Fluid Signals</i> .
2/2009	Chapel Hill, NC. Women’s Health Continuing Education Conference for the UNC School of Nursing. <i>Oriental Medicine & Acupuncture for Women’s Health</i> . With Ken Morehead, LAc.
4/2008	Rothenburg ob der Tauber, Germany. <i>Infertility Treatment using basal temperature charts with Chinese herbs and acupuncture</i> (in German).
4/2007	Raleigh, NC. Holistic Moms Network, <i>Fundamentals of Oriental medicine</i> . Lecture to members.
9/2006	Durham, NC. Duke Continuing Education Studies: 1 day seminar on <i>Oriental Medicine</i> . Lecture to nurses and other health care practitioners. 0.8 hrs CEU offered.
2004-2012	Chapel Hill, NC. University of North Carolina Guest Faculty: <i>TCM and Pain Management</i> . Lecture to various health care professional students and faculty.
8/2005	Durham, NC. Duke University: <i>Introduction to Chinese Herbal Medicine</i> . Lecture to 4 th year medical students.
5/2005	Durham, NC. EPA: <i>Common Ailments treated with Oriental Medicine</i> . With Fang Cai, LAc, Kenneth F. Morehead, LAc.
3/2005	Cary, NC. SAS: <i>Research & Science of Oriental Medicine</i> . With Fang Cai, LAc, Ken Morehead, LAc
11/2004	Cary, NC. SAS: <i>Oriental Medicine and Gynecology</i> . With Fang Cai LAc.
9/2004	Chapel Hill, NC. UNC CH Family Medicine: <i>Breast pain during lactation</i> . With Ken Morehead, LAc, Fang Cai LAc.
1999 - 2009	Durham, NC. Duke Integrative Medicine: Capstone Rotation. Acupuncture & Chinese Herbal presentation to 4 th year medical students.
11/2003	Chapel Hill, NC. University of North Carolina: <i>Menopause</i> . Lecture to nurses, nurse practitioners

- and the public.
- 10/2003 Wädenswil, Switzerland. *Seminar on Bi-Syndromes* (in German) for Lian Herb Supply
- 4/03, 2/04 Durham, NC. Duke University: *Oriental medical presentation/demonstration* to 4th year medical students.
- 10/2002 Durham, NC. Duke Center for Integrative Medicine: Women, Wellness, and the Transformation of Health Care. Lecture to physicians, health care practitioners and public: *Chinese Medicine and Women's Health*.
- 4/2002 Cary, NC. "Resolve" – Infertility Support Group: *Infertility and Oriental Medicine*.
- 9/01, 9/02, 9/03 Durham, NC. Duke University: *Oriental medicine presentation and demonstration* for 3rd year physical therapy students.
- 4/2002 Petaluma, CA. Global Medicine: *Oriental medicine/demonstration*. 3-day intensive to 4th year medical students sponsored by the American Medical Student Association.
- 3/2002 Durham, NC. Duke University, lecture: *Chinese herbs & Gynecology*.
- 2001 - Present Munich, Düsseldorf, Grafting, Germany; Bolzano, Italy: Forschungsgruppe Akupunktur: curriculum design & lectures (in German): *Chinese Phytotherapy (100 hrs): single substances, formulas, Treatment of Musculo-skeletal, neurological, and select internal medical disorders; TCM Diet therapy (25 hrs); TCM Gynecology (50 hrs; since 2007 25 hr courses for each subject.*
- 4/2001 Durham, NC, Duke University: *Oriental medical presentation/demonstration* to 4th year medical students.
- 2/2001 Durham, NC. Duke University, lecture: *Menopause*.
- 4/2000 Durham, NC. Duke University: *Oriental medical presentation/demonstration* to 4th year medical students.
- 8/1999 Durham, NC. Duke University: lecture: *Infertility*.
- 6/1999 Durham, NC. Duke University: lecture: *TCM and premenstrual syndrome*.
- 12/1999 Asheville, NC. MAHEC: lecture on *Oriental medical framework* to medical professionals.
- 11/1997 Albuquerque, NM. Presbyterian Health Care: lecture to physicians: *Oriental Medicine as a Model for Integrative medicine*.
- 11/1997 Santa Fe, NM. St. Vincent's Hospital: lecture to physicians: *How can Oriental Medicine be utilized in a Hospital Setting?*
- 6/1996 Taos, NM. Presbyterian Health Care: lecture to physicians: *Oriental Medicine: an ancient Medicine in a Modern Medical Setting*.
- 10/1995 -Aarau, Switzerland: Two-day seminar for physicians (in German): *TCM: disorders of the Respiratory and Gastrointestinal Systems: Diagnosis and Treatment*.
- Basel, Switzerland: lecture to a Support Group for Natural Childbirth (in German): *Introduction to TCM and Pregnancy and Birth*.
- Einsiedeln, Switzerland, Paracelsus Institute: lecture to physicians: (in German) [TCM Views on Pregnancy and Birthing: What could Prenatal Care look like?](#)
- Einsiedeln, Switzerland with Johannes Schmidt, MD: *Clinic Supervision for difficult case studies: TCM diagnosis and Chinese herbal prescribing*.

MEDIA APPEARANCES

- 4/2006 WCOM FM Radio interview with Charles Stern and Larry Burk, MD: *Integrative Medicine*.
- 10/2004 Duke Chronicle Interview: *Acupuncture helps Post-Surgery* by Laura Newman.
- 9/2/2004 News & Observer Interview: *On Pins and Needles* by Vicki Cheng.

SECONDARY PROFESSIONS

- 2004 – Present Stock market investor
- 6/2001 Photograph in German Geo: *Das Neue Bild der Erde* p. 94, June 01 edition.
- 6/2001 - 2010 Published photographs for Forschungsgruppe Akupunktur catalogue, course announcements and website in Germany.
- 2006 Published photograph in *JAMA*. 2006;295:1504-1505: Emergency Department Overcrowding Gives Ambulances a Runaround.
- 7/2000 Published photographs in *Urban Land* magazine.
- 2021 Stock photos sold through [Sciencesource.com](https://www.sciencesource.com)
- 1999 - 2016 Representation: Novastock, Charlotte, NC.
- 1998 - Present Representation: Photo Researchers, New York, NY.
- 1997 - 2001 Representation: Picturesque Stock Photo, Raleigh, NC.
- 6/1997 Published photographic images in *Popular Photography*.

HOBBIES AND JOYS

Bicycling; permaculture gardener; kayaking; ballroom dancer; skydiver: “A” license - 52 jumps; ice skater; downhill skier; classical ballet dancer.