

**Ellie Blom LAc, Dipl OM, DAHM, MAHM**  
East Asian Medicine Practitioner at Meridian Health Solutions

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Durham, NC 27707

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[www.MeridianHealthNC.com](http://www.MeridianHealthNC.com)

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**EDUCATION**

- 2021 – 2025     Master's and Doctoral degrees in Acupuncture and Herbal Medicine, Daoist Traditions College of Chinese Medicine, Asheville, NC
- 2016 – 2020     Bachelor of Science Degree in Dietetics, Nutrition, and Food Science with a concentration in Integrative Health, University of Vermont

**CERTIFICATIONS**

- 2025             National Certification Board for Acupuncture and Herbal Medicine (NCBAHM): Certification in Oriental Medicine
- 2025             NCCAOM Certification: Diplomat Status in Chinese Herbology
- 2025             NCCAOM Certification: Diplomat Status in Acupuncture

**LICENSES**

- 2025 – Present     Licensure: Acupuncture in North Carolina

**CONTINUING EDUCATION HIGHLIGHTS**

- 2019     Healing Touch Level 1 Certified
- 2022     Stone Medicine: Integrating Stones into Acupuncture Treatments with Master Jeffery Yuen
- 2023     Skeletons in the Closet: Healing Latency in the Bones, Blood, and Marrow with Dr. Peter Shea
- 2024     Deep Dive Into Fertility: How Life Comes Into Being with Dr. Ranitidine Lewis
- 2024     Advanced Clinical Applications of the Channel Systems of Chinese Acupuncture with Master Jeffery Yuen
- 2025     The Nei Jing Tu: The Inner Landscape with Master Jeffrey Yuen
- 2025     Turbidity & Phlegm: The Root of Many Chronic Diseases and Its Herbal Treatment with Master Yuen
- 2025     The Language of Plants: Cultivating Deeper Herbal Relationships with Master Jeffery Yuen

**CLINICAL PRACTICE**

- 2025 – Present     Traditional East Asian Medicine practitioner at Meridian Health Solutions; Treating a wide variety of internal medical conditions, specializing in women's health disorders, obstetric and postpartum care, digestive imbalances, mental health concerns, chronic fatigue, and holistic nutrition.
- 2023-2025          Acupuncture and Chinese Herbal Medicine Intern at Daoist Traditions College Acupuncture Clinic and affiliated off-site locations, including Haywood Street Respite - a safe place for adults experiencing homelessness, Veterans Healing Farm, and Elizabeth House Hospice Center.

**WORK EXPERIENCE**

- 2020 – 2021          Administrative and Clinical Assistant at Latitude Acupuncture and Wellness in South Burlington, VT. Lead the establishment of office systems such as purchasing procedures, EMR transfer, and inventory management. Supported patients with scheduling, phone communication, and check-in/check-out processes. Prepared and dispensed customized herbal formulas with precision and attention to detail.
- 2012- 2021          Childcare Provider/ Nanny for a myriad of families of different sizes and constitutions. Provided compassionate care for children ranging in age from 4 months to 13 years old. Supported the physical, emotional, and developmental needs of multiple children simultaneously. Fostered clear, consistent communication with both children and parents. Developed patience, empathy, and adaptability while creating safe, nurturing environments.

### **OTHER INTERESTS AND JOYS**

Chef and baker of wholesome treats

Dedicated yogi and meditation student

Passion for styling and designing beautiful spaces

Lover of water and mountains

Obscure and eclectic music enthusiast

Downhill skier, uphill hiker

Tender of plants and pets