

Emily Mann, MAOM, LAc, Dipl AHM

Chinese Medicine Practitioner at Meridian Health Solutions

3207 Old Chapel Hill Road
Durham, NC 27707

919.286.9595
www.MeridianHealthNC.com

LANGUAGES

English

EDUCATION

2011 – 2015 Master's Degree in Acupuncture and Oriental Medicine, Daoist Traditions College of Chinese Medical Arts: Asheville, NC
2000 – 2004 Bachelor of Arts in Environmental Studies, New College of Florida: Sarasota, FL
2001 National Student Exchange Program, Hawaiian Studies Department, University of Hawaii at Manoa: Honolulu, HI

CERTIFICATIONS

2026 National Certification Board for Acupuncture and Herbal Medicine (NCBAHM):
Certification in Acupuncture and Herbal Medicine
2015 NCBAHM Certification: Diplomat Status in Acupuncture

LICENSES

2015 – Present Licensure: Acupuncture in North Carolina

CONTINUING EDUCATION WITH JEFFREY YUEN HIGHLIGHTS

The following list is not exhaustive. 600+ hours

2025 The Language of Plants: Cultivating Deeper Herbal Relationships. 12 hours.
Turbidity & Phlegm - The Root of Many Chronic Diseases & Its Herbal Treatment. 6 hours.
2024 Facial Diagnosis in Chinese Medicine. 12 hours.
2023 Chinese Medicine & Its Shamanic Roots. 12 hours.
Notable Contributions of Women to Chinese Medicine. 18 hours.
The Neijing Tu. 6 hours.
2022 Daoist Wellness & Sexology. 12 hours.
Clinical Revelations in Chinese Medicine. 6 hours.
2021 Sun Si Miao: His Herbal Contribution to Chinese Medicine. 12 hours.
Integrative Clinical Experience
Essential Oils for Emotional & Psychological Conditions. 12 hours.
2020 A Journey Through Death and Dying. 12 hours.
Introduction to Daoism: Its Influence on Chinese Medicine. 6 hours.
2017 Dao Yin Exercises for Emotional/Physical Wellness: 6 hours.
Alchemical Acupuncture: 12 hours.
2015 Spirit of the Practitioner: Ethics in Chinese Medicine: 6 hours.
Ge Hong. 12 hours.
2014 Aspects of the 8 Extra Meridians: The First Ancestry & Ming Fate
2013 Classical Texts of Chinese Medicine: Neijing Suwen—Understanding Pathogenesis
2012 What is Healing? A Daoist Perspective
Classics of Chinese Medicine
Navigating the Pulses & Classical Roots of Herbal Medicine
2011 Primary Meridian Pathology & Zang Fu Physiology
Ge Hong
Spirit of the Practitioner & Art of Needling

OTHER CONTINUING EDUCATION

- 2019 Medicines from the Earth Herb Symposium: Botanical Interventions in the Treatment of Liver Conditions with Kenneth Proefrock, NMD. 2 hours.
- 2019 Hospice Acupuncture Ethics; Safety in Hospice Acupuncture and Home Care with Tori Black, LAc, Director, National Association of Hospice and Palliative Care Acupuncture (NAHPCA). 4 hours.

CLINICAL PRACTICE

- 2026 – Present Chinese Medicine practitioner at Meridian Health Solutions; Treating a wide range of internal medical conditions, specializing in liver and kidney issues, side effects of cancer treatment, dementia and Alzheimers, orthopedic issues and pain, and mental health: anxiety, depression, grief, and life transitions.
- 2015 – 2026 Acupuncture and Chinese Herbal Medicine private practice in Asheville, NC. Treated a range of conditions including kidney disease, fatty liver disease, jaundice and liver disease, headache and migraine, side effects of cancer treatment, various mental health conditions, atrial fibrillation, early stage dementia, a wide range of orthopedic and pain issues, and many more.
- 2004, 2015 Acupuncture assistant at the Chinese Acupuncture Clinic in Asheville, NC.

GRANTS AND AWARDS

- 2025 Building Together Grant: Asheville, NC
- 2024 Western North Carolina Small Business Initiative Grant: Asheville, NC
- 2003 Garden Club Scholarship, New College of Florida: Sarasota, FL
- 2003 Thesis Grant, New College of Florida: Sarasota, FL
- 2000 – 2004 Florida Bright Futures Scholarship, full tuition, New College of Florida: Sarasota, FL
- 1999 University of Florida Booster Club Scholarship: Winter Haven, FL

SOCIETIES

- 2015 – present National Certification Board for Acupuncture and Herbal Medicine
- 2014-2015 Daoist Traditions Student Representative to the North Carolina Society of Acupuncture and Asian Medicine

OTHER INTERESTS AND JOYS

My son and my two cats
Wilderness survival skills
Land conservation
All things plants: growing them, cooking them, using them for medicine, making natural perfumes out of them, identifying them, and learning how traditional cultures use them now and used them historically
Boating, swimming, being out on the water
Maps
Restaurants
Day trips, exploring, travel
Antique, vintage, and Danish modern furniture