

# Fidel Goytia LAc, MSAc, Diplom Ac

East Asian Medicine Practitioner at Meridian Health Solutions

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Durham, NC 27707

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[www.MeridianHealthNC.com](http://www.MeridianHealthNC.com)

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## LANGUAGES

English, Spanish

## EDUCATION

2013 – 2017 Master's of Science in Acupuncture, Southwest Acupuncture College, Boulder, CO  
2008 – 2012 Bachelor of Science Degree in Exercise Physiology. Midwestern State University, Wichita Falls, TX

## CERTIFICATIONS

2023 - present Certification: Acupuncture by the National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM): Diplomat status in Acupuncture  
2007 Certificate of Shiatsu Massage, Juarez, Chihuahua, MX

## LICENSES

2023 – Present Licensure: Acupuncture in North Carolina

## CONTINUING EDUCATION HIGHLIGHTS

2023 StretchLab's Flexologist Training Program, Wake Forest, NC  
2018 Class IV Laser and Red Light Therapy Certification, Denver, CO  
2016 Musculoskeletal Injection Therapy by Michael Young, Lac. Boulder, CO  
2015 Bone Setting by Henry Ahlefeldt, DOM. Albuquerque, NM  
2014 RockTape Level 1 Certification, Albuquerque, NM

## CLINICAL PRACTICE

2023 – Present Traditional East Asian Medicine practitioner at Meridian Health Solutions; Treating a wide range of internal medical conditions, specializing in pain management, musculoskeletal disorders and structural imbalances.

## PRESENTATIONS AND CLASSES

8/2018- 2/2020 Soft Tissue Mobilization for High Performance Athletes at Denver Center of Performing Arts, Denver, CO  
2019 Soft Tissue Mobilization for High Performance Athletes at Massage Therapy Institute of Colorado, Denver, CO

## MEDIA APPEARANCES

6/11/2020 Physical Strain of Training and Recovery with Coach Gerardo Medina from The Bridge Endurance (Podcast)  
9/1/2020 Mantener el Cuerpo en Optimo Estado with Estefania Ibuado from Tricharlas (Podcast, Spanish)  
9/20/2020 Proceso de Recuperacion Deportiva with Up Latino (Podcast, Spanish)

## EXTRACURRICULAR ACTIVITIES

2008-2012 Collegiate Division 1 cyclist – Road and Track, Midwestern State University  
2008-2009 UCI 2.2, Continental Professional Road Cyclist, Delicias – Alpura Pro Cycling Team (MX)

## CURRENTLY

Semi competitive Cyclist in Road, Track and Mountain Biking  
Rock climbing aficionado and beginner golfer.

