

Jonathan Hadas Edwards, MSOM, LAc.

Licensed Acupuncturist and East Asian Medicine Practitioner at Meridian Health Solutions

3207 Old Chapel Hill Road
Durham, NC 27707

919.286.9595

www.MeridianHealthNC.com

LANGUAGES

English (native), Nepali (fluent), Italian (proficient)

EDUCATION

2016 – 2019 Master of Fine Arts in Creative Writing, Warren Wilson College, NC
2011 – 2014 Master of Science. in Oriental Medicine, National University of Natural Medicine, OR
2007 – 2008 8-month Ayurvedic Studies Program, Ayurvedic Institute, NM
2002 – 2006 Bachelor of Arts in Religious Studies, Minor in Mathematics, Swarthmore College, PA.

LICENSES

2018 – present North Carolina State acupuncture licensure
2015 – 2018 New York State acupuncture licensure

CONTINUING EDUCATION HIGHLIGHTS

2023 – present Intensive study of Jyotiṣa, India's divination tradition, under Penny Farrow et al.
2019 – 2024 Sa'am acupuncture introductory through advanced seminars with Toby Daly, supplemental instruction with Kristin Wisgirda et al. 75+ hours
2016 – 2024 Advanced Classical Chinese herbal medicine studies with Dr Heiner Fruehauf, Sharon Weizenbaum, Yu Guo-Jun, Eran Even. 60+ hours
2022 Traditional Japanese Moxibustion Therapy with Paul Movsessian. 6 hours
2021 Integrating the Classics with Tung's Acupuncture, Henry McCann. 8 hours
2016 – 2017 Ancestral Lineage Healing training with Dr. Daniel Foor and Ancestral Medicine. 70+ hours
2013 Intensive Study Trip with Dr Heiner Fruehauf to Xian and Huashan, China to study Wu family style *taiji quan*, herbal medicine, chrono-acupuncture.
2011 – 2012 School of Traditional Western Herbalism, year-long *materia medica* program with Matthew Wood et al.

CLINICAL PRACTICE

2024 – present Traditional East Asian Medicine practitioner at Meridian Health Solutions; Treating a wide range of internal medical conditions, specializing in anxiety, insomnia, men's and women's health, digestive disorders, and Yi Jing Consultations.
2017 – present Wayfinding: Yi Jing and Jyotish consultations via JonathanHadasEdwards.com.
2017 – 2024 Private acupuncture and Traditional East Asian Medicine practice in Carrboro, NC and Chatham County, NC
2015 – 2017 Axis Mundi Healing Arts, private acupuncture and herbal practice in New York City, NY
2015 – 2017 Brooklyn Acupuncture Project, community acupuncture and herbal treatment in Brooklyn, NY

AWARDS

2014 Nominated for Best Thesis at NUNM for work on clinical applications of the Yijing
2014 Class valedictorian, NUNM
2008 – 2009 Fulbright Fellowship to Nepal, studied Ayurvedic medicine

TEACHING & PRESENTATIONS

- 2019 Free online talk. *Chinese Medicine Perspectives on Insomnia*
2015 New York, NY. ArborVitae School of Herbalism; Montpelier, VT. Vermont Center for Integrative Herbalism. *Wind Under the Mountain: A Classical Chinese Perspective on Lyme Disease and Chronic Parasitic Disorders*

PUBLICATIONS & ARTICLES

- 2022 – present Seeds from the World Tree. Regular articles (weekly since early 2024) on natural medicine and allied topics at seedsfromtheworldtree.substack.com
2016 “Why Arrow and the Wounded Heal.” *Numen Naturae*, vol 1.
2015 “The Web of Maria: On the Consequences of Chronic Cannabis Use.”
RealitySandwich.com
2014 – 2016 21-part article series on the Yi Jing and Chinese Medicine, Chinesemedicinecentral.com
2011 – 2013 Regular contributions on Chinese Medicine topics to DeepestHealth.com
2014 – 2016 Brooklyn Acupuncture Project blog, frequent contributor
2011 – 2014 RootsofNourishment.com Maintained blog on herbal topics.
2009 “A Modern Incarnation of Ayurveda: Hybrid Practice at Naradevi Hospital” in *Contributions to Nepalese Studies*, vol 36.

OTHER PROJECTS & PASSIONS

- Co-Founder of Heartward Sanctuary (Silk Hope, NC)
Incense & natural perfume craftsmanship
Roamer of Mountainous Places: Himalaya, Appennine, Appalachia
Lifelong Student of Ancient Cosmology and Wisdom Traditions
Percussion: Nepalese maadal, drum kit, mbira...