

Michael T. Harding II, MACOM, LAc, Dipl. OM.
East Asian Medicine Practitioner at Meridian Health Solutions, LLC

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EDUCATION

2014 - 2017 Master's Degree of Acupuncture and Oriental Medicine, AOMA Graduate School of Integrative Medicine, Austin, TX
2009 - 2012 Bachelor's of Science in Cellular and Molecular Biology, Stephen F. Austin State University, Nacogdoches, TX

CERTIFICATIONS

2017 National Certification Board for Acupuncture and Herbal Medicine (NCBAHM): Certification in Foundations of Oriental Medicine
2017 NCBAHM Certification: Diplomat Status in Chinese Herbology
2017 NCBAHM Certification: Diplomat Status in Acupuncture Point Locations and Energetics 2017
NCBAHM Certification: Diplomat Status in Biomedicine

LICENSES

2017 – Present Licensure: Acupuncture in North Carolina

CONTINUING EDUCATION HIGHLIGHTS

2025 Mastering Menopause by Blending Classical TCM & Functional Medicine 15 hours
2024 Integrative Acupuncture Medicine 14 hours
2023 Kiiko Matsumoto Acupuncture - Foundation Course. 15 hours
2023 "#01 Acupuncturist Guide" - The Opioid Epidemic: Past, Present, Future. 6 hours
2023 SPRING INTO SPRING: ACUPUNCTURE FOR ORTHO AND COVID AND LASER FOR ORTHO, NEURO AND COVID. 14 hours
2021 Acupuncture Infertility Basics. 15 hours
2021 Fundamentals of Dermatology in Chinese Medicine. 3 hours
2021 Cycles and Transformations: Supporting Reproductive Health with KMS Acupuncture. 15 hours
2020 Infertility, Prenatal Care, and Maternal Health Clinical Strategies and Treatment Applications. Datis Kharrazian, PhD. 12 hours
2020 Kiiko's Matsumoto's Master Class: The Three Tan Tian & Regulation of the Limbic Brain. 12 hours
2019 Kiiko Style Acupuncture, Restoring Kidney Function Altered by Medication or Poor Diet. 13 hours
2019 Discovering How Diet Impacts Human Behavior. 5 hours
2019 Kiiko Style Acupuncture, 100 Diseases from Wind. Du 16, Back Pain, and Shoulder Pain. 12 hours
2018 Kiiko Style Acupuncture, Sugar Metabolism Regulation Using Needles and Diodes. 13 Hours
2016 Traditional Japanese Acupuncture Hari Program with T. Koei Kuwahara. 81 hours

CLINICAL PRACTICE

2018-Present East Asian Medicine practitioner at Meridian Health Solutions, LLC, specializing in menstrual health and fertility, dermatology, and the treatment of pain, including acute and chronic pain, musculo-skeletal pain, sports medicine and geriatric pain management.
2015-2017 Clinical Intern at AOMA Graduate School of Integrative Medicine. Provided services, including acupuncture, Tuina, herbal medicine, nutritional advice, moxibustion, cupping, guasha, bleeding, electrical stimulation, and non-insertive needling. Practiced various styles of acupuncture including TCM, Four Needle, Balance Method, Master Tung, Hari. Formulated and counseled patients on herbal prescriptions as well as preparing herbal formulas in bulk

and powder and filling patent and tincture prescriptions.

2016-2017 Chinese Herbal Pharmacist at Ma Acupuncture Clinic in Austin, Texas. Assisted filling customized herbal prescriptions of bulk, raw, and powdered herbal medicine for busy Acupuncture Clinic focusing on Fertility, Women's health, and Dermatology. Assisted in administrative duties such as ordering and stocking inventory, managing patients' appointments, and charts. Instructed patients on cooking and administration of herbal medicine.

2016 – 2016 Clinical Intern at Seton Topfer Community Clinic. • Treated up to three patients hourly, referred by M.D. physicians in private hospital room setting utilizing acupuncture, Tuina, herbal medicine, nutritional advice, moxibustion, cupping, guasha, bleeding, and electrical stimulation to treat various illnesses.

AWARDS

2007 Winner of two separate ICARE awards for excellence in patient care going above and beyond requirements for healthcare workers, St David's Medical Center, Round Rock, TX

2002 Second Place, team USA, World Tae Kwon Do Championship, Toronto, Canada

TEACHING

2015-2016 Anatomy and Physiology Laboratory Instructor, AOMA Graduate School of Integrative Medicine, Austin, TX. Instructed students on human anatomy and physiology with special emphasis on western medical and traditional Chinese medicinal applications. Instructed, aided, and supervised dissection of specimens with relation to human anatomy and physiological processes.

2011-2012 Comparative Vertebrate Anatomy Laboratory Instructor, Stephen F. Austin State University, Nacogdoches, TX, Facilitated students' achievement of learning outcomes through hands-on practice, informal lecture and critical thinking exercises. Supervised and aided students in dissections of various vertebrate species.

SOCIETIES

2023 – present North Carolina Society of Acupuncture and Asian Medicine

2019 – present North Carolina Association of Acupuncture and Asian Medicine

2017 – present National Certification Commission of Acupuncture and Oriental Medicine

